

MALLAIG & DISTRICT CANOE CLUB

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October 2008

Dear Parent/Junior,

Pool sessions will start again after the October holidays, on Wednesday 29th.

At poolside for the Junior sessions there will be any combination of Sue Hood, Michelle MacDonald, Ali Bunn, Colin Biddulph, Joan Smith, Mike Kingswood and Sheila Kingswood, depending on the week and who's available. We will be following the new BCU Paddlepower syllabus and Juniors will have the opportunity to gain awards along the way. The emphasis will be on having fun and developing responsible and competent paddlers. We anticipate that in the springtime we will be able to organize one or more trips.

If you would like to join the Junior section (S1 and above), please either phone, text or email by Friday 17th October at the latest. We are limited in the number we can take and will accept new members on a first-come-first-served basis.

Sessions will again be £2.50 with £1 membership. This is to ensure that the club has suitable insurance for all its activity with the junior section. Payment for the first set of sessions, which will be 7 in all so a total of £18.50 will be payable in advance, either by cheque made out to Mallaig and District Canoe Club to address above, or at the first session. No child will be accepted without advance payment and a fully completed and signed consent form.

If you are an interested adult then why not come along and watch the Juniors or join the adult pool sessions later in the evening at 8p.m. No skill required! Just have a go. These are not coached sessions but there will always be someone to give you a bit of help or advice. We hope to run a series of adult starter sessions in the spring so if you're interested let us know and we'll get in touch when we have definite dates. These would start in the pool then lead on to sessions on the sea or loch when it warms up. If you'd rather start off straight on the open water that will be possible too. If you know anyone else who might be interested tell them to get in touch. It's great fun - physically, mentally and socially. Once again numbers will be limited and it will be on a first-come-first-served basis.

Hope to see you.

Sheila

Sheila Kingswood

on behalf of Mallaig and District Canoe Club

www.mallaigcanoecub.co.uk